

I Matter...You Matter...Each Person Matters!

# You Matter...

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Think about how you may have felt in a certain situation.  
Consider how someone else may feel in that situation.

- **Have you ever felt alone or invisible?**

Yes \_\_\_\_\_ No \_\_\_\_\_

**Will you think about reaching out if you see someone who is left out?**

Yes \_\_\_\_\_ No \_\_\_\_\_

- **Have you ever been laughed at?**

Yes \_\_\_\_\_ No \_\_\_\_\_

**Will you think before you laugh at someone?**

Yes \_\_\_\_\_ No \_\_\_\_\_

- **Have you ever shared a secret & had it get out?**

Yes \_\_\_\_\_ No \_\_\_\_\_

**Will you think twice before sharing a secret?**

Yes \_\_\_\_\_ No \_\_\_\_\_

- **Have you ever felt unfairly judged by someone who doesn't even know you?**

Yes \_\_\_\_\_ No \_\_\_\_\_

**Can you hold off on making a snap judgment about someone until you get to know them?**

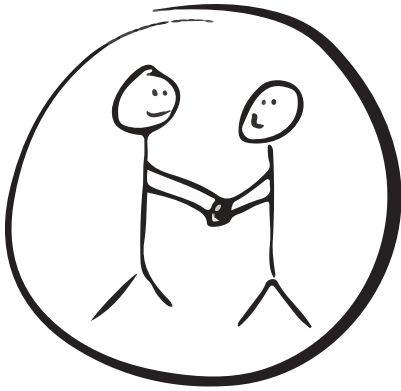
Yes \_\_\_\_\_ No \_\_\_\_\_

- **Have you ever been picked on?**

Yes \_\_\_\_\_ No \_\_\_\_\_

**Will you reach out to someone being picked on?**

Yes \_\_\_\_\_ No \_\_\_\_\_



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# About Caring!!!

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Caring is how you feel, how you act, how you treat yourself and how you treat others.

## **I Matter...**

There is no one else just like you. No one else can give to the world what you have to give. You matter simply because you are you.

Complete these sentences:

**Some unique things about me:**

**I am grateful for:**

**Something I can do for me:**

**Think about this because YOU MATTER!!!**

For more information visit [www.thecaringcoins.com](http://www.thecaringcoins.com)